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3 SATURDAY

Saturday, 4<sup>th</sup> Week of Year

Hebr. 13: 15-17, 20-21

Ps 22: 1 - 6

Matt 6: 30 -34

“Today’s trouble is enough for today”. As Jesus said, our Father in heaven knows our needs, of food and drink, of clothing and shelter. He doesn’t say we should not ask for these things, ask that we might continue to receive the bounty of God. But we should not become so anxious and fretful about such ordinary, though necessary, needs of life that we forget or neglect more important things. But what if, like so many millions of people in our modern world, we really did not have some or all of these necessities? What would such a life be like, literally living “from day to day”? Can we imagine ourselves not having some of life’s necessities? And then reflect that in fact millions of our brothers and sisters today are in that situation. At the same time, a small minority of us have all they need and much more besides. For us who are (so to say) ‘in the middle’, having enough but wanting more and more because that’s the trend of our consumerist life-style, should we not in prayer examine our consciences about this situation? Not merely about doing more to help those in need, but about our shared values and attitudes that perpetuate this unfair, inhuman division among us? Like today’s trouble being enough for today, we only have today, this day, to serve the Lord ---- yesterday’s gone, tomorrow’s not yet come: it’s *now* that we’ve to thank and praise the Lord, serve Him, love Him in those in need. Now is the time for prayer and for action.

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